

**Conducted How-to-Live Retreat Programs and Guest Programs**

ENCINITAS HOW-TO-LIVE RETREAT PROGRAMS		LAKE SHRINE HOW-TO-LIVE RETREAT PROGRAMS	HIDDEN VALLEY GUEST PROGRAMS
MEN & WOMEN	WOMEN	MEN & WOMEN	MEN
Jan. 25–27 <b>(Kriyaban)</b>		Jan. 25–27	Jan. 17–20 “The Cosmic Motion Picture and the Present Moment”
Feb. 8–10	Feb. 15–17	Feb. 8–10 Feb. 22–24	
March 1–3 <b>(Kriyaban)</b> March 22–24	March 15–17 <b>(Kriyaban)</b> March 29–31	March 15–17 March 29–31	March 15–22 “Deepening Your Practice of Kriya Yoga”
April 5–7 <b>(Kriyaban)</b>	April 12–14 <b>(Kriyaban)</b> April 26–28 <b>(Spanish)</b>	April 26–28	
May 3–5	May 17–19 <b>(Kriyaban)</b>	May 11 <b>(Kriyaban)</b> May 17–19	
June 14–16	June 7–9	June 14–16 June 28–30	July 12–19 “Deepening Your Practice of Kriya Yoga”
Sept. 13–15 <b>(Kriyaban)</b>	Sept. 20–22 <b>(Kriyaban)</b>	Sept. 13–15 Sept. 22 <b>(Spanish)</b> Sept. 27–29	Sept. 12–15 “The Science of Religion: How to Achieve Transcendence”
Oct. 4–6	Oct. 11–13 <b>(Kriyaban)</b> Oct. 18–20	Oct. 11–13 Oct. 25–27	Oct. 18–25 “Deepening Your Practice of Kriya Yoga”
Nov. 8–10		Nov. 8–10	

For reservations, please call or write well in advance to:

**SRF Encinitas Retreat**

215 K Street, Encinitas, CA 92024-5040 • Tel. (760) 753-1811 • Fax (760) 753-8416  
encretreat@yogananda-srf.org

**SRF Hidden Valley Ashram Guest Program**

16455 Old Guejito Grade Road, Escondido, CA 92027-6208 • Tel. (760) 749-3399 • Fax (760) 749-3323  
info@hvashram.org • www.hvashram.org

**SRF Lake Shrine Retreat**

17190 Sunset Boulevard, Pacific Palisades, CA 90272-3099 • Tel. (310) 459-4740 • Fax (310) 459-8716  
lsretreat@yogananda-srf.org

**Conducted *How-to-Live* Retreat Programs**

GREENFIELD RETREAT Front Royal, Virginia, USA		
WOMEN	MEN	MEN & WOMEN
	March 23	
April 6		April 19–21
May 30–June 2 <b>(Kriyaban)</b>		May 10–12
June 14–15 <b>(Work Retreat)</b>		
July 13	July 27	
		Sept. 13–15
Oct. 5 Oct. 24–27 <b>(Kriyaban)</b>	Oct. 12	
Nov. 9		

*For reservations, please call or write well in advance to:*

**Greenfield Retreat**

2660 John Marshall Hwy., Front Royal, Virginia 22630 • Tel. (540) 635-5066  
www.srfgreenfield.org