How-to-Live Youth Programs

Teen Class at Convocation
Based on the teachings of Paramahansa Yogananda

“Being a Teen in Today’s World”

Wednesday, August 7, 2019
7:15 to 8:45 p.m.
Westin Bonaventure Hotel, Los Angeles

Teens between the ages of 13 and 19 are invited to enjoy a special class with Self-Realization Fellowship monastics at this year’s SRF Convocation. The teen class will be held in the Beverly Room on the second level of the hotel.

This class is for teens only and will include:

- Teen-led kirtan
- Meditation
- Teen-focused satsanga (questions and answers)
- Fellowship with spiritually-minded teens and with SRF monastics who serve at the Summer Day Program
- Refreshments

If you have any questions, you are welcome to call SRF Youth Services at: (818) 549-5160

“Focus your attention within.
You will feel a new power, a new strength, a new peace — in body, mind, and spirit.”

— Paramahansa Yogananda

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