



Self-Realization Fellowship
FOUNDED 1920 BY PARAMAHANSA YOGANANDA

July 2019

Dear Friends,

It is our pleasure to announce that Self-Realization Fellowship monastic disciples will be visiting Vancouver, October 25–27, 2019, to meet with members and friends of Paramahansa Yogananda’s spiritual family. During this weekend there will be inspirational programs, meditation classes, and a Kriya Yoga initiation. Please see the back of this letter for a complete schedule. We hope you will be able to join us for this time of divine fellowship—a wonderful opportunity to commune with God and Gurus, and to delve deeper in the understanding and practice of Paramahansaji’s teachings. Even if you cannot come for the whole weekend, we would be glad to have you with us for any of these events.

You are most welcome to bring family and friends to the inspirational programs. Please note that anyone wishing to attend classes on the meditation techniques will be asked to show a student or Kriyaban card for admittance. Newcomers interested in studying the teachings of Paramahansa Yogananda may attend these classes by enrolling for the *Self-Realization Fellowship Lessons*, either before or during the weekend program. Further information and applications for the *Lessons* are available from the Mother Center, through our website, or at the event itself.

It is through your generosity that we are able to bring events like this to truth-seeking souls around the world, and we deeply appreciate any contribution you are able to make—through your meditation group or during the monastics’ visit—to help us continue our efforts to spread Paramahansa Yogananda’s teachings.

We joyously anticipate meeting with you to share the inspiration of our Guru’s soul-revealing teachings. He told us: “Those who sincerely seek Him will surely find Him. Those who want to love the Lord and yearn to enter His kingdom, and who sincerely wish in their hearts to know Him, will find Him. You must have an ever-increasing desire for Him, day and night. He will acknowledge your love by fulfilling His promise to you throughout eternity, and you shall know joy and happiness unending.”

In divine friendship,



SELF-REALIZATION FELLOWSHIP
Mother Center

VANCOUVER 2019

Friday, October 25

7:00 – 8:00 p.m.	Public Lecture with Guided Meditation
8:00 – 9:00 p.m.	Informal Gathering

Saturday, October 26

9:00 – 9:45 a.m.	Meditation
10:00 – 11:15 a.m.	Technique Review Class I *
11:30 a.m. – 12:30 p.m.	Technique Review Class II *
6:00 – 9:00 p.m.	Kriya Yoga Initiation**

Sunday, October 27

8:30 – 9:15 a.m.	Meditation
9:30 – 10:30 a.m.	Inspirational Service
11:00 a.m. – 12:30 p.m.	Kriya Yoga Review Class **
2:00 – 3:00 p.m.	Closing Program

Events to be held at:

Executive Hotel Vancouver Airport
7311 Westminster Highway
Richmond, V6X 1A3

To register for this free event, please visit our website: www.vancouvermeditationgroup.org

Contact Information:

Email: tours@vancouvermeditationgroup.org

Website: www.vancouvermeditationgroup.org

The events are geared toward adults, but children age 12 and older who are Self-Realization Fellowship students may attend if they wish. We are not able to accommodate younger children at the meetings.

We ask that no audio or video recordings (cell phone cameras included) be made during the events, and that still photography be limited to outdoor areas. Thank you for your cooperation.

* Open to students of the *Self-Realization Fellowship Lessons*

** Open to Kriyabans only