



*Self-Realization Fellowship*  
FOUNDED 1920 BY PARAMAHANSA YOGANANDA

*How-to-Live* Youth Programs

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# BOYS TEEN RETREAT SRF LAKE SHRINE

Based on the teachings of Paramahansa Yogananda

**Saturday, April 6, 2019**  
**9:30 a.m. to 4:30 p.m.**

Teen boys, ages 13 to 18 years, are invited to enjoy a special day with SRF monks at Self-Realization Fellowship Lake Shrine in Pacific Palisades.

Activities during the day will include:

- Energization Exercises followed by meditation in the temple
- Visit to Paramahansaji's houseboat
- Special tour of the Windmill Chapel and other unique sites associated with Paramahansa Yogananda
- Visit to the museum and gift shop
- Teen-focused *satsanga* (informal questions and answers)
- Lunch and recreation
- Fellowship with other spiritually-minded teens

For more information and to register for the program, visit our website at  
**[www.yogananda.org/teens](http://www.yogananda.org/teens)**

For questions or directions, you are welcome to call SRF Youth Services at:

**818-549-5160**

*“If you could feel even a particle of divine love, so great would be your joy—  
so overpowering—you could not contain it.”*

— Paramahansa Yogananda